



## Media Sources

***If you are reporting on drugs/alcohol, substance use, addiction, recovery and/or treatment, here are some Minnesota sources for your stories.***

*Updated March 29, 2016*

**Drew Horowitz & Associates** – Drew Horowitz, MA, LADC, CIP, is a professional who works with young adults, adolescents, and middle aged individuals, as they navigate care, treatment and recovery from substance use, and mental health. His knowledge spans local and national resources.

*Drew Horowitz: 651-698-7358*

*Email: [drew@drewhorowitzassociates.com](mailto:drew@drewhorowitzassociates.com)*

**FedUp!** – Founded by a Minnesotan, FedUp! is a rally for a federal response to the opioid epidemic.

*Judy Rummler: 612-865-1754*

*Email: [judy@steverummlerhopefoundation.org](mailto:judy@steverummlerhopefoundation.org)*

**Know The Truth** – A substance-use prevention program that goes into schools throughout Minnesota; affiliated with Minnesota Adult & Teen Challenge.

*Adam Pederson: 612-222-9997*

*Email: [adam.pederson@mntc.org](mailto:adam.pederson@mntc.org)*

**Our Young Addicts** – A growing community of parents and professionals who are concerned about alcohol and drug use by young adults. Through the website, blog, twitter, awareness events and more, OYA shares experiences, resources and hopes – no matter where a young adult may be on the spectrum of addiction, treatment or recovery.

*Rose McKinney: 612-616-1529*

*Email: [OurYoungAddicts@gmail.com](mailto:OurYoungAddicts@gmail.com)*

We interact with a variety of expert sources. Please let us know if there is a topic you're interested in and we will gladly suggest an interview source.

**PrairieCare** – PrairieCare specializes in mental health services. It offers Free Needs Assessments to anybody seeking psychiatric services and offers programs for children and adults.

*Jen Holper: 952-334-7755*

*Email: [jholper@prairie-care.com](mailto:jholper@prairie-care.com)*

**Steve Rummler Hope Foundation** – Creators of Steve's Law and proponents of overdose prevention via life-saving Naloxone; building awareness and providing hope for those with chronic pain and addiction.

*Lexi Reed-Holtum: 651-308-8122*

*Email: [lexi@steverummlerhopefoundation.org](mailto:lexi@steverummlerhopefoundation.org)*

**SUMN (Substance Use in Minnesota)** - A project of the Minnesota State Epidemiological Outcomes Workgroup. Providing data on over 100 indicators of alcohol, tobacco and other drug consumption patterns at county, regional, and state level. Has engaged in work with the MN Student Survey.

*Melissa Adolfsen:*

*Email: [mboeke@epimachine.com](mailto:mboeke@epimachine.com)*

**The Retreat** – A 12-step immersion program for recovery from addiction. Offers scholarships for people ready for recovery services.

*John Curtiss: 952-476-0566*

*Email: [jcurtiss@theretreat.org](mailto:jcurtiss@theretreat.org)*

**White Earth Nation** – The White Earth Band of Ojibwe offers treatment services and harm-reduction practices.

*Adam Fairbanks: 763-464-4137*

*Email: [adam.fairbanks@whiteearth-nsn.gov](mailto:adam.fairbanks@whiteearth-nsn.gov)*

*We have compiled these resources to help reporters on deadline. These do not imply endorsement by Our Young Addicts, and while we've aimed to provide accurate information, we cannot guarantee the accuracy or availability of sources for interviews.*